



August 2023



***Thursday 31st Birthday Bash!!!!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Salad Taco bowls Tortilla chips	2 Salad Pasta w/ meat sauce Garlic bread	3 Salad Stuffed pepper Casserole	4 Cookout Friday!	5
6	7 Salad Hamburger helper Broccoli	8 Breakfast for lunch	9 Salad Salisbury steak Mash potato's, corn	10 Salad American chop	11 Cookout Friday!	12 
13	14 Salad Meatloaf, mashed green bean	15 Salad Beef stroganoff over noodles	16 Salad Shepard's pie	17 Salad Pasta pizza in a bowl	18 Cookout Friday!	19
20	21 Salad Philly cheesesteak	22 Salad Cuban picadillo over rice	23 Salad Tater tot-chos 	24 salad BBQ chicken mac & cheese baked beans	25 Cookout Friday!	26
27	28 Salad Pork chops Rice & spinach	29 Salad Chicken & rice Florentine	30 Salad Mac & Cheese Broccoli	31 Salad Pizza! 