

# November Menu 2018

			1 Green Salad Classic Baked Ham Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Beverage Choice Chef's Dessert	2 Green Salad Teriyaki Meatballs Parsley Rice Glazed Baby Carrots Beverage Choice Chef's Dessert	3 Chef's Choice Assorted Pizza's Spinach Calzones Roasted Mixed Vegetable Ice Cream Sundaes
5 Green Salad Meatloaf Fresh Mashed Potatoes Mixed Vegetables Beverage Choice Chef's Dessert	6 Green Salad Penne Pasta Marinara Sauce Grilled Zucchini Beverage Choice Chef's Dessert	7 Green Salad Glazed Baked Ham Roasted Red Potatoes Sauteed Spinach Beverage Choice Chef's Dessert	8 Green Salad Beef Patty/Mushroom Sauce Rice Mixed Vegetables Beverage Choice Chef's Dessert	9 Green Salad Baked Chicken with Garlic and Herbs Seasoned Rice Capri Blend Beverage Choice Chef's Dessert	10 Chef's Choice Assorted Pizza's Spinach Calzones Roasted Mixed Vegetable Ice Cream Sundaes
12 Green Salad Honey Curry Chicken Breast Rice Pilaf Broccoli Baked Roll Chef's Dessert	13 Green Salad Easy Salisbury Steak Fresh Mashed Potatoes/Gravy Green Beans Beverage Choice Chef's Dessert	14 Green Salad Four Cheese Ziti Steamed Broccoli Beverage Choice Chef's Dessert	15 Green Salad Oven Roasted Chicken Lyonnais Potatoes Mixed Vegetables Baked Roll Chef's Dessert	16 Green Salad Glazed Baked Ham Roasted Red Potatoes Sauteed Spinach Beverage Choice Chef's Dessert	17 Chef's Choice Assorted Pizza's Spinach Calzones Roasted Mixed Vegetable Ice Cream Sundaes
19 Green Salad Meatloaf Fresh Mashed Potatoes Mixed Vegetables Beverage Choice Chef's Dessert	20 Green Salad Swedish Meatballs Home Egg Noodles Green Beans Baked Roll Chef's Dessert	21 Green Salad Herb Crusted Pork Roast Spinach Parmesan Roasted Potatoes Baked Roll Chef's Dessert	22 Green Salad Honey Curry Chicken Breast Rice Pilaf Broccoli Baked Roll Chef's Dessert	23 Green Salad Four Cheese Ziti Steamed Broccoli Beverage Choice Chef's Dessert	24 Chef's Choice Assorted Pizza's Spinach Calzones Roasted Mixed Vegetable Ice Cream Sundaes
26 Green Salad Marinated Drum Sticks Mushroom Sauce Mixed Vegetable Baked Roll Chef's Dessert	27 Green Salad Hamburger Steak/Onions Sour Cream Potatoes Capri Blend Baked Roll Chef's Dessert	28 Green Salad Bacon Wrapped Patty Turkey Roast/Stuffing Baked Potato Greens Baked Roll Chef's Dessert	29 Green Salad Glazed Baked Ham Roasted Red Potatoes Sauteed Spinach Beverage Choice Chef's Dessert	30 Green Salad Oven Roasted Chicken Lyonnais Potatoes Mixed Vegetables Baked Roll Chef's Dessert	

*Diane Jager, RDN*  
6-18-2018